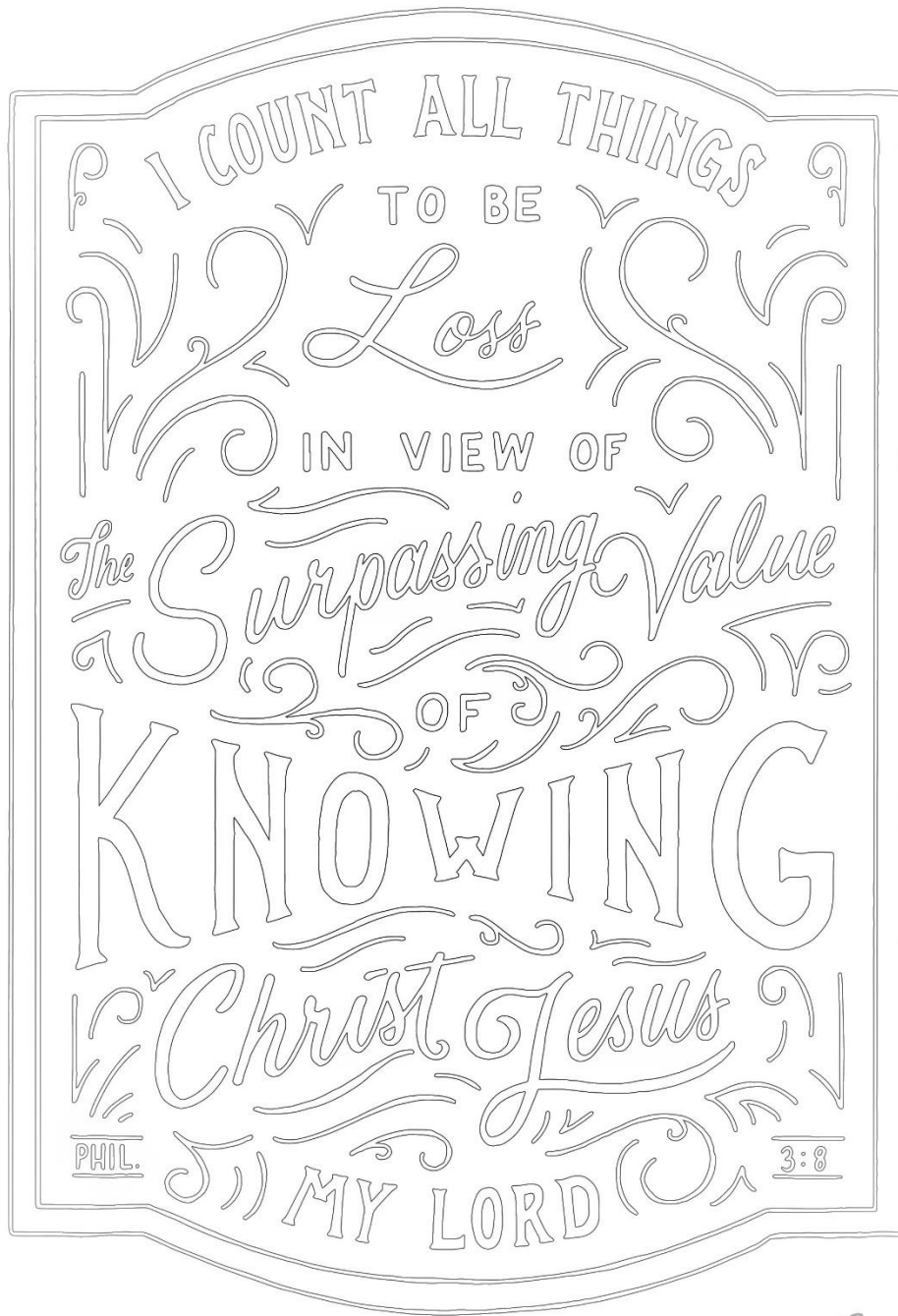


**Philippians Chapter 3**  
*Journaling the Scriptures*  
*Week of October 18*



WEEK 3/UNIT 1  
PHILIPPIANS 3:1-10

General observations:

Interact with the text:

What does it mean to rejoice in the Lord? Why is this important?

Who (or what) are "the dogs" who threaten to steal your joy in the Lord? How can you keep them at bay?

What do Christians gain in following Christ? (vv. 9-10)

Apply the text:

What things *could* you claim earn you "points" with God? With those in mind, reflect on vv 8-11.

Chosen word or verse of the day:

WEEK 3/UNIT 2  
PHILIPPIANS 3:11-16

General observations:

Interact with the text:

What goal are we to press forward towards? (vv. 11-14)

What does it look like in this season for you to press forward toward this goal and take hold of life with Jesus? Does anything need to change?

What have you learned about running the race of faith? Plan to share one of your discoveries in your small group or with someone you come in contact with this week.

Apply the text:

Can you think of someone in your life who is a good example of pressing toward the goal? How can you follow their lead?

Chosen word or verse of the day:

WEEK 3/UNIT 3  
PHILIPPIANS 3:17-4:1

General observations:

Interact with the text:

In v. 20 Paul reminds the church that their citizenship is in heaven. What difference does this make in your life? How does it affect your outlook, behavior, priorities, goals? (See also John 17:14-16, 2 Cor. 5:16-21, and 1 Peter 2:11)

In v. 21 When Christ returns our bodies will be transformed from a humble state to a glorious state. What are the ramifications of this change? (See also Romans 8:10-11, 1 Cor. 5:1-5)

Apply the text:

Think about who you are imitating. Are they good examples? Are there others you can join with in a mutual attempt to imitate Christ?

Chosen word or verse of the day:

*Notes, Doodles, Thoughts*

